



Edenfield C of E Primary School		
PE	Year: 5	Outdoor Adventurous Activities

What should I already know?
• Our school games values and how to demonstrate them • How to solve physical challenges and problems • How to use problem solving skills in adventure games • How to use problem solving skills in a range of communication activities • How to work well in a team, using clearly defined roles and responsibilities for everyone in the team • How to travel and balance safely when carrying out challenges • How to demonstrate team work skills when planning, doing and reviewing activities

What will I know by the end of the unit?
• How to develop problem solving skills in familiar and unfamiliar situations and environments • How to build trust when working in a team • How to keep the map set or orientated when moving around a simple course • The eight points of a compass • How to record information accurately at a control marker • How to navigate to a control marker on a score event course • How to navigate a course safely • How to know where you are on a map at all times using a variety of different routes • How to navigate safely around school grounds

Vocabulary	
Trust	Respect
Care	Communication
Responsibility	Teamwork
Cooperate	Collaboratively
Trail	Equipment
Map	Problem
Solving	Self-discipline
Orientate	Control card
Navigate	Travel
Balance	Resilience
Problem solving	Control marker

